

COVID-19 CONTINUING CARE DAILY CHECKLIST

Visitors

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. **Visitors** are required to complete this checklist before entering the continuing care site. Children may need a parent or guardian to assist them to complete this screening tool.

Any person who is a confirmed case of COVID-19, or has been tested for COVID-19 and is awaiting the results, must not enter the site and must follow isolation requirements as per [current CMOH Orders](#).

1.	Have you traveled outside Canada in the last 14 days AND have you been directed to quarantine?	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Do not enter the site unless you have been authorized for an exemption from quarantine. Please see the Government of Canada Travel, Testing, Quarantine and Borders for more information regarding quarantine requirements, <p>If you answered “NO”, proceed to question 2.</p>			
2.	<p>Have you had any known close contact with a confirmed case of COVID-19 in the last 10 days?</p> <p>Close Contact - means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.</p> <p>Confirmed case- means a person who has had a positive result on a COVID-19 test that confirms the person is infected with COVID-19. Tests can be rapid antigen tests or molecular tests.</p>	YES	NO
<p>If you answered “YES”:</p> <ul style="list-style-type: none"> Do not enter the site for 10 days from the last day of exposure, regardless of your immunization status. <p>If you answered “NO”, proceed to question 3.</p>			

3.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	

If you answered “YES” to any symptom in question 3:

- Stay home or return home. Do not enter the site
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to receive additional information on testing and isolation.

ADULTS: If you have **fever, cough, shortness of breath, runny nose, sore throat** or **loss of sense of taste/smell**, you are required to isolate as per the current [CMOH Order](#):

- If you are **fully immunized**¹, you must isolate for 5 days from the onset of symptoms or until they resolve² whichever is longer. After this isolation period, up to a total of 10 days past symptom onset, you are required to wear a mask when you are outside of the home, in a public place or otherwise in the company of other persons out of your household, with no exceptions; **OR**
- If you are **NOT fully immunized**¹, you must isolate for 10 days from the onset of symptoms or until they resolve² whichever is longer.
- Whether you are fully immunized or not, even if you have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, you still must isolate until symptoms resolve³.

CHILDREN: If you have **fever, cough, shortness of breath**, or **loss of sense of taste/smell**, you are required to isolate as per the current [CMOH Order](#):

- If you are **fully immunized**¹, you must isolate for 5 days from the onset of symptoms or until they resolve whichever is longer. After this isolation period, up to a total of 10 days past symptom onset, you are required to wear a mask when you are outside of the home, in a public place or otherwise in the company of other persons out of your household, with no exceptions **OR**
- If you are **NOT fully immunized**¹, you must isolate for 10 days from the onset of symptoms or until they resolve² whichever is longer.
- Whether you are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve².

If you answered “NO”:

- You may enter the site.

¹ A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

² Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication